

August 2011



CHINESE COMMUNITY CENTER

a multi-ethnic organization serving all Houstonians

休士頓中華文化服務中心

SUN	MON	TUE	WED	THU	FRI	SAT
	<p>1 ADP 10-12 Yoga, Tai-Chi, Exercise. Benefit Counseling 1-3pm</p>	<p>2 ADP 10am-3pm Exercise, Table Tennis, Aerobics, Mah-jong</p>	<p>3 ADP 10am-3pm Tai-Chi, Table Tennis, Ru-Yi Dance, Karaoke Benefit Counseling 1-3pm</p>	<p>4 CEAP phone appt. 10-12 ADP 10am-3pm Exercise, Table Tennis, YOGA, Ballroom Dance, Art & Crafts</p>	<p>5 ADP 10am— 1pm Ru-Yi Dance, Hsiang Hsiang Dance</p>	6
7	<p>8 ADP 10-12 Yoga, Tai-Chi, Exercise HCHD— “Gold Card” Application 8-11:30 “Agencies in Action” Application 1-3pm Benefit Counseling 1-3pm</p>	<p>9 ADP 10am-3pm Exercise, Table Tennis, Aerobics, Mah-jong</p>	<p>10 ADP 10am-3pm Tai-Chi, Table Tennis, Ru-Yi Dance, Karaoke Benefit Counseling 1-3pm Wellness Program 2:30-5:30</p>	<p>11 CEAP phone appt. 10-12 ADP 10am-3pm Exercise, Table Tennis, YOGA, Ballroom Dance, Art & Crafts</p>	<p>12 ADP 10am— 1pm Ru-Yi Dance, Hsiang Hsiang Dance</p>	13
14	<p>15 ADP 10-12 Yoga, Tai-Chi, Exercise. Benefit Counseling 1-3pm</p>	<p>16 ADP 10am-3pm Exercise, Table Tennis, Aerobics, Mah-jong</p>	<p>17 ADP 10am-3pm Tai-Chi, Table Tennis, Ru-Yi Dance, Karaoke, Mah-jong, Vocal Class 1-3pm Benefit Counseling 1-3p HVLP (legal) 1-4pm</p>	<p>18 CEAP phone appt. 10-12 ADP 10am-3pm Exercise, Table Tennis, YOGA, Ballroom Dance, Art & Crafts</p>	<p>19 ADP 10am— 1pm Ru-Yi Dance, Hsiang Hsiang Dance</p>	<p>20 Alz. Caregiver Support Group 10:30–12:00</p>
21	<p>22 ADP 10-12 Yoga, Tai-Chi, Exercise HCHD— “Gold Card” Application 8-11:30 “Agencies in Action” Application 1-3pm Benefit Counseling 1-3pm</p>	<p>23 ADP 10am-3pm Exercise, Table Tennis, Aerobics, Mah-jong</p>	<p>24 ADP 10am-3pm Tai-Chi, Table Tennis, Ru-Yi Dance, Karaoke Benefit Counseling 1-3pm Wellness Program 2:30-5:30</p>	<p>25 CEAP phone appt. 10-12 ADP 10am-3pm Exercise, Table Tennis, YOGA, Ballroom Dance, Art & Crafts</p>	<p>26 ADP 10am— 1pm Ru-Yi Dance, Hsiang Hsiang Dance</p>	27
28	<p>29 ADP 10-12 Yoga, Tai-Chi, Exercise. Benefit Counseling 1-3pm</p>	<p>30 ADP 10am-3pm Exercise, Table Tennis, Aerobics, Mah-jong</p>	<p>31 ADP 10am-3pm Tai-Chi, Table Tennis, Ru-Yi Dance, Karaoke Benefit Counseling 1-3pm</p>			<p>9800 Town Park Houston, TX 77036</p>